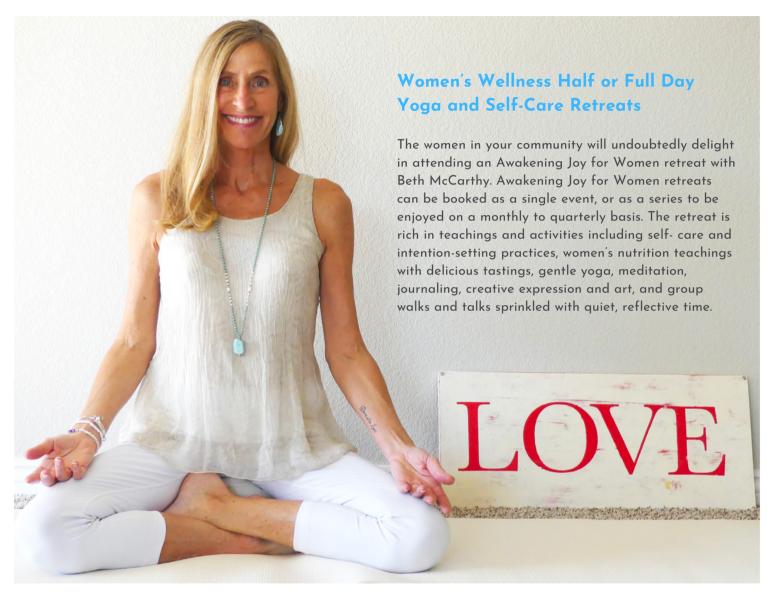


Awakening Joy for Women



I believe that when women care for themselves on a daily basis, tending to their personal goals and needs, they are capable of taking on the world, and experience their richest and most meaningful life. If you are tired of feeling run down, stressed and disconnected from your self, your health, your dreams, and your true life purpose, Awakening Joy for Women is the perfect fit for you!

- Beth McCarthy, Women's Retreat Leader

To learn more, and to book a Joyful Wellness Yoga Event, please visit: joyfulwellnesswithbeth.com 719-440-2815.

